



20 March 2020

CORONAVIRUS EMERGENCY REGULATIONS

EFFECTIVE 6AM 21 MARCH 2020

NZTR DIRECTIVE - JOCKEY HEALTH DECLARATION AND HEALTH CHECKS

Under Rule 106 of the New Zealand Rules of Racing, NZTR issues the following Directive which forms part of the Rules of Racing and must be adhered to by jockeys and all other persons to whom the Rules apply.

A breach of this Directive constitutes a breach of the Rules. This Directive has been made in consultation with the New Zealand Jockey's Association.

This Directive is subject to the NZTR Coronavirus Emergency Regulations as issued by NZTR on 17 March 2020 and their subsequent amendments. The obligations on jockeys contained in this Directive are additional to the obligations on jockeys as set out in the Emergency Regulations, and in particular, jockeys must continue to comply with their obligations under the following Regulations:

Regulation (2) *A person must not attend, and must be refused access to, a race meeting if they have cold or flu symptoms, including coughing, sneezing, runny nose, headache, aches or fever.*

Regulation (6) *Any jockey who has concerns regarding their health status must immediately contact NZTR Medical Advisor Dr Margaret Parle (ph. 021 764 552).*


Regulation (7) *No licensed jockey may travel between the North Island and the South Island or vice versa without the prior written permission of NZTR, and a jockey who does so without NZTR's permission shall be ineligible to ride in any race, trial, trackwork or jumpout while these Regulations remain in force.*

Mandatory Obligations on Riders

- (1) In addition to the requirements of Rule 605(1), all Riders who present themselves to fulfil a riding engagement at a Race Meeting, prior to entering the jockey room, must immediately present themselves **to the Steward's room at least 1 hour** before the starting time for the first Race in which they have a riding engagement. On arrival at the Steward's room, **the rider must provide a signed declaration of their health**, as appended to this Directive.
- (2) At the direction of the Stewards or Racecourse Investigator, a rider may be required to present to a St John medic or the NZTR Medical Advisor for a temperature check and an assessment of clinical and epidemiological symptoms of the COVID-19 virus. If St John staff are requested to assess a patient against the COVID-19 case definition, they will be given prior notice so that the St John staff can wear personal protective equipment.
- (3) On the advice of a St John medic or the NZTR Medical Advisor, the Stewards or Racecourse Investigator may require a jockey to stand-down and self-isolate until cleared by the jockey's

GP who must consider the prevailing NZ Government requirements. The jockey must comply with this direction.

- (4) On the advice of a St John medic or the NZTR Medical Advisor, the Stewards or Racecourse Investigator may require jockeys who are known to have been in close or casual contact with persons confirmed or suspected to have contracted the COVID-19 virus to stand-down and self-isolate until cleared by the rider's GP who must consider the prevailing NZ Government requirements. The jockey must comply with this direction.
- (5) For the purposes of Rule 606, racing clubs may, in consultation with the Stewards, designate additional enclosed areas on the racecourse as "Temporary Jockeys' Rooms". Jockeys must, if directed by the club or a steward, make use of a Temporary Jockeys' Room, in order to reduce close personal contact in the permanent jockey rooms.
- (6) A Temporary Jockeys' Room must, for the purposes of the Rules and the NZTR Coronavirus Emergency Regulations, be treated identically to a jockey's room.



Martin Burns

GM – Welfare & Sustainability

Issued by the Office of New Zealand Thoroughbred Racing

106-110 Jackson Street, Petone, Wellington 5012

Tel: +64 4 576 6240, Fax: +64 4 568 8866

office@nzracing.co.nz

Further Guidance to Jockeys to reduce risks of contracting COVID-19:

1. Jockeys are asked to limit to greatest possible extent their contact with other jockeys, including transit to and from race meetings.
2. When riding trackwork, or in stable areas, Jockeys are asked to minimise contact with other persons
3. To ensure Thoroughbred racing may continue, all involved need to follow these simple rules:
 - a) Practice respiratory etiquette i.e. cough/sneeze in to a tissue, discard the tissue and wash your hands.
 - b) Regular handwashing: 20 seconds with soap and water then dry your hands thoroughly.
 - c) Wash your hands:
 - before eating or handling food
 - after using the toilet
 - after coughing, sneezing, blowing your nose or wiping children's noses
 - after touching public surfaces
 - d) Social distancing: maintain a 2-meter space between yourself and others.
 - e) If you are unwell stay home.
 - f) Do not share drink bottles.
 - g) Keep all your gear clean and avoid sharing it.
 - h) Disposing of used tissues appropriately in a bin.
 - i) Keeping the jockey room clean, tidy and clear of spills or rubbish.
 - j) Avoid places which have more than 5 persons in enclosed spaces.



NZTR Jockey COVID-19 Screening Questionnaire

Failure to accurately complete this questionnaire shall be considered a breach of Rule 801(1)(k).

Jockey name: _____

Race meeting: _____

Date: ____ / ____ / 2020

1. Have had close contact with a confirmed or probable case of COVID-19?

YES / NO (circle one)

If you answered yes, please provide details including date and person you have been in contact with

2. Have you returned from overseas travel in the last 14 days?

YES / NO (circle one)

If you answered yes, please provide details of your overseas travel and the date you returned to NZ.

3. Do you think you may have a fever?

YES / NO (circle one)

4. Do you have a cough, sore throat or shortness of breath?

YES / NO (circle one)

For the use of the Racing Integrity Unit

Sighted by Stipendiary Steward or Racecourse Investigator: _____

Comments: _____

